

Deborah Hartz, RN, MSN

Why did you choose psychiatric/mental health nursing?

I chose mental health nursing because its therapeutic effectiveness can be applied to every facet of one's life.

Please provide a brief description of what you do.

My advanced degree is in Mental Health. I have worked in both Inpatient and Community settings which included adults, adolescents, and children.

Please describe your role in the health care team in the region/organization/community where you practice psychiatric/mental health nursing.

In addition to direct nursing care, my chief role is an educator. I enjoy public speaking to provide our community with knowledge about mental health.

What do you consider to be the most challenging and most rewarding parts of psychiatric/mental health nursing?

To be able to help people change their

way of thinking and approach toward life. This will thereby change the outcome of it.

What advice do you have for nursing graduates who are considering psychiatric/mental health nursing as a career?

A new grad should know their boundaries and stay within them so that issues remain clear. Also, the nurse should separate work for home life at the end of the day.

Any other comments?

Be passionate about what you do!!!!

